Email the Outdoor Recreation office to be added to the email clubs and receive first updates and announcements about classes, trips, etc: http://www.pica.army.mil/outdoor/EmailClub.asp

Advanced Open Water: Orientation Oct. 4, Dives Oct. 8, 9, 2011

Open Water: Jan/Feb, 2012

Nitrox: TBA

Rescue: April 2012 Instructors: Ryan Wilson Divernaster: Steve Devine

Medical Form (Click)

## Scuba Review:

\$77.00 for scuba reviews with Divernaster Steve Devine in the pool at Frog Falls. (Certified scuba divers only).

## **Open Water (OW):**

\$445.00, includes instructor fee \$200, all equipment, book, tank air fills, and a PIC (ID) card.

#### **Class orientation**

6:00-7:30pm

#### Confined Water Classes: Frog Falls Pool - 2 1/2 hrs ea.

CW 1, @ 6:00-8:30pm, (in the water by 6:30pm)

CW 2, @ 6:00-8:30pm, (in the water by 6:30pm)

CW 3, @ 6:00-8:30pm, (in the water by 6:30pm)

CW 4,/5 @ 6:00-8:30pm, (in the water by 6:30pm)

#### Academic Classes: Bldg. 3316 - 2 hrs ea.

Module 1, @ 6:00-8:00pm Module 2/3, @ 6:00-8:00pm Module 4, @ 6:00-8:00pm Module 5/exam, @ 6:00-8:00pm

#### **Open Water Dives:**

### www.dutchsprings.com

OW 1 & 2, @ 800am OW 3 & 4, @ 800am

# Advanced Open Water (AOW): 8, 9 Oct. 2011

Orientation in ODR, bldg. 3316 Oct. 4

\$200 (Instructor), \$60 (books/crew pack), \$20 (PIC/ID) card, and \$36/day Dutch Springs entry fee, \$6 (air fills), \$10 (camping optional), \$5 (night dive optional). If you choose night dive you're required To have a primary and secondary dive light And a chemical marker (glow stick) Lights are available for purchase at Outdoor Recreation. Rentals are available through Outdoor Recreation. www.pica.army.mil/outdoor/Rental.htm

0800-1730 Peak Performance Buoyancy (PPB), Underwater Navigation (NAV), Wreck or Night\*), Deep, and Search & Recovery (S&R))

<sup>\*</sup> Camping is available

## **Enriched Air Nitrox (EANx)\*: TBA**

\$200 plus cost of books, PIC card, and Dutch Springs entry fee. Rentals are available through Outdoor Recreation. <a href="https://www.pica.army.mil/outdoor/Rental.htm">www.pica.army.mil/outdoor/Rental.htm</a>

#### **Academic Classes:**

TBA @ 530pm

### **Open Water Dives:**

## www.dutchsprings.com

TBA @ 1200noon or

TBA @ 800am

\* EANx open water dives can be combined with AOW dives.

## Rescue: TBA

\$200 plus cost of books, PIC card, and Dutch Springs entry fee. Rentals are available through Outdoor Recreation. <a href="https://www.pica.army.mil/outdoor/Rental.htm">www.pica.army.mil/outdoor/Rental.htm</a>

CPR and First Aid certification required prior to Rescue certification.

#### **Academic Classes:**

TBA @ 530pm

TBA @ 530pm

TBA @ 530pm

## **Open Water Dives:**

## www.dutchsprings.com

TBA @ 800am or

TBA @ 800am

### SCUBA Equipment Required

MASK (and Defog / Sea Drops)

**FINS** 

SNORKEL

BOOTIES

**GLOVES** 

HOOD

5 mm WETSUIT

WEIGHT BELT (with weights)

BCD

REGULATORS (with Octopus and Pressure Gauge)

**COMPASS** 

**DEPTH GAUGE** 

TANKS (2 required for Open Water Dives)

BOTTOM TIMER (or Dive Computer)

**DIVE TABLES** 

LOGBOOK and PEN